

SPACEMAKER

McClellan Air Force Base, Calif.

Sept. 23, 1999 Vol. 40, No. 39

AT A GLANCE

McClellan history album available

The McClellan history album is available now at the Aviation Museum gift shop and through September receive a 10 percent discount on all orders. Gift shop hours are Monday - Friday 9 a.m. to 3 p.m.; Saturday 9 a.m. to 4 p.m.; and Sunday noon to 4 p.m. For more information, call Tony Gabbard at 643-3192.

AFA banquet

The Air Force Association, Sacramento Chapter 116, is hosting an Exceptional Performer Awards Banquet tonight at 6 p.m. The event will be at the McClellan Community Center Ballroom. For more information, call Capt. Jay Galbreath at 643-0077.

Entertainment books available

The United States Coast Guard, a non-profit organization, is sponsoring the sale of Entertainment Books for \$40 as a fund raiser. The book gives a savings of 50 percent on dining and local attractions. The money provides funds for a variety of morale activities. To obtain a book, call Kathleen King at 643-2081, Ext. 304.

Market yourself for a second career

A free two-hour professional lecture, Marketing Yourself for a Second Career, Oct. 7 from 9-11:30 a.m., at the Community Center, Bldg. 1425. The speaker will be retired Col. Jerry Crews. Topics are competition for finding a job, plan for job search and resume information plus much more. The lecture is open to those who plan to leave the service in the next one to five years. For information, call Gina Walker at 643-1106.

James Street Gate not open Saturday

The James Street Gate will not be open Saturday as stated in last week's issue of the *Spacemaker*. To support the 'Retiree Appreciation Day' Saturday the Peacekeeper Gate will be open.

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U.S. Air Force photo by Robin Jackson

POW/MIA ceremony

The flag is raised in silence in remembrance of all the prisoners of war and those missing in action Friday. The local chapter of the Air Force Sergeants Association sponsored the ceremony Friday in front of the memorial at the Community Center.

LA completes mission with pride

By Robert E. Doherty
Chief of Program Control

Basically it's easy to say "close the directorate," however, when the structure is as varied and physically wide ranging as the Aircraft Management Directorate, the details to accomplish the necessary actions for closure can be both arduous and daunting.

In the early 90's the directorate owned more than 100 buildings and occupied between 35 to 40 percent of the covered area of the base. There were approximately 3,000 people assigned to various functions with a mix of military, civil service, contractor, and allied force employees. They managed major weapons systems such as the combat proven F-111 and A-10 aircraft, plus provided repair, modification, and overhaul for these aircraft, as well as, F-15 and KC-135 aircraft. They also were a major activity in the weapon systems development of the new F-22 "Raptor" aircraft.

Fiscal year 1999 was a demanding year for the aircraft directorate with the aircraft workloads moving to completion at McClellan, however the directorate continued to return high quality products to the operating command.

According to Gerald Hampton, aircraft management director, the workforce was structured to cover the workload that was given to them. This was attained in spite of the condition of some of the aircraft received to repair.

When depot field support work was added to this on-base support, the directorate's arms truly reached world-wide proportions.

"Exceptional skill and ingenuity was employed in developing and implementing procedures that enabled bottlenecks to be avoided as production concentrated more and more on these aircraft," said Hampton. "The crew was very flexible and diversified and had the abil-

ity to work on fighters to cargo planes. And that is no small feat. Quality and schedules continue to be maintained by a dedicated workforce imbued with professionalism and pride of purpose."

Aircraft maintenance is a large industrial operation with numerous compliance requirements.

"In three months the maintenance depot accomplished more than 200 process changes and found substitute compliant chemicals to meet environmental standards," said Bob Schmitt, deputy aircraft production division. "This was accomplished with no production time lost at all."

Faced with the personal uncertainty of the closure, the directorate workforce performed at yield per person that has outstripped the budget by almost a hundred hours and performed at efficiency that exceeded the budget by almost 25 percent, said Hampton.

The directorate and its employee's performance are all the more remarkable considering that this accomplishment was achieved at a time of great personal change for each person.

Today only a small number of personnel, approximately 500, are left in about 20 locations to finish the remaining aircraft and system management work. By early summer of the next year, only the systems program people will be left in a couple of buildings, and by fall the "airplane directorate folks" will be long gone.

"I think I am most proud of the quality of work the crew has completed and the safe manner in which it was done," said Schmitt.

In talking with directorate personnel there has naturally been a sense of sadness pervading the whole closure process. However, as one of their employees recently commented "sure is nice to find a parking space these days!"

Leave it to them to find something positive from adversity. The aircraft gang always did.

Action Line

643-3344, 77abw.actionline@mcclellan.af.mil

MEDICAL CARE AVAILABLE

This week I received a letter and brochure from the 77th Medical Group on the four options for TRICARE Prime on Oct. 1. I have the following questions you, your staff or David Grant Medical Center hopefully can answer:

Are any of the current McClellan Air Force Base Primary Care doctors/PA's transferring to DGSC at McClellan?

Will the Family Practice at DGSC located at McClellan be doing Women's Health? Will Radiology be doing Mammography?

When the Mather hospital was under the 77th Medical Group there was a shuttle between Mather and McClellan. In October there will be only four clinics, Family Practice, Radiology, Laboratory and the Pharmacy. Now that DGMC will have two Satellite Clinics in Sacramento I recommend that a shuttle be established between the two Satellite Clinics and DGMC to serve the large retiree population here.

I propose that a town meeting be held at the base theater to answer these and other TRICARE Prime enrollee questions in September.

Thank you for your time and consideration.

Thank you for your inquiry into our efforts to continue to provide medical care beyond the Base Realignment and Closure mandate. Your first question regarding whether any of the providers from McClellan Clinic will be transferring to the "David Grant Medical Center McClellan Satellite Clinic."

The provider staff will include two Family Practice physicians and one Physician Assistant, all coming from David Grant Medical Center. There will not be any transfer of providers from the McClellan Clinic. The satellite clinic will function solely under the auspices of the David Grant Medical Center.

The answer to the second question regarding: Will the Family Practice at David Grant Satellite Clinic at McClellan be doing Women's Health? Will Radiology be doing Mammography?

The Women's Health Clinic will continue to provide care at the McClellan Clinic. All women ex-

cept active duty females may be referred to the Women's Health Clinic by their Primary Care Managers. Mammography services will continue to be provided to all eligible beneficiaries.

Thank you for your great suggestion on establishing a shuttle service between Mather and McClellan Satellite clinics. I will forward your suggestion to the proper point of contact.

Additionally, the David Grant Medical Center will be briefing on their satellite services at the Retiree Appreciation Day, scheduled for Saturday.

Once again, thank you for your inquiry. If you have any further questions, please contact Lt. Col. Norman Spector at 643-8520.

HOW TO REACH A BASE OPERATOR

Why can't I get the base operator on the pay telephones in the base exchange and commissary?

The pay phones are not connected to the base telephone system. The pay phones are managed by the Army and Air Force Exchange Service at Travis Air Force Base.

The base telephone system is managed by the 77th Communications Squadron. When using a pay phone the base operator can be reached by dialing 643-2111. For more information, call Lt. Col. Andrea Braboy, 77th CS commander at 643-2049.



Col. Charlie Cotter
77th Air Base Wing commander

Hi. I'm Col. Charlie Cotter and I am thrilled to have the honor of commanding the 77th ABW.

I value the opportunity to serve you, members of the McClellan community. The Action Line is your direct link to focus my attention on something you feel I should know. It may be used to highlight an area where you have received exceptional service. The Action Line is also your means to tell me about a challenge or issue that you have not been able to resolve. Certainly, it is

best to first try to resolve the issue with the responsible agency, since ultimately that is where the issue will get fixed. Another means to address a problem is through your chain of command. But, if neither of these approaches resolves the issue to your satisfaction, let me know in your Action Line call what the challenge is and how you think it could be resolved to your satisfaction. I look forward to serving all members of the McClellan community.

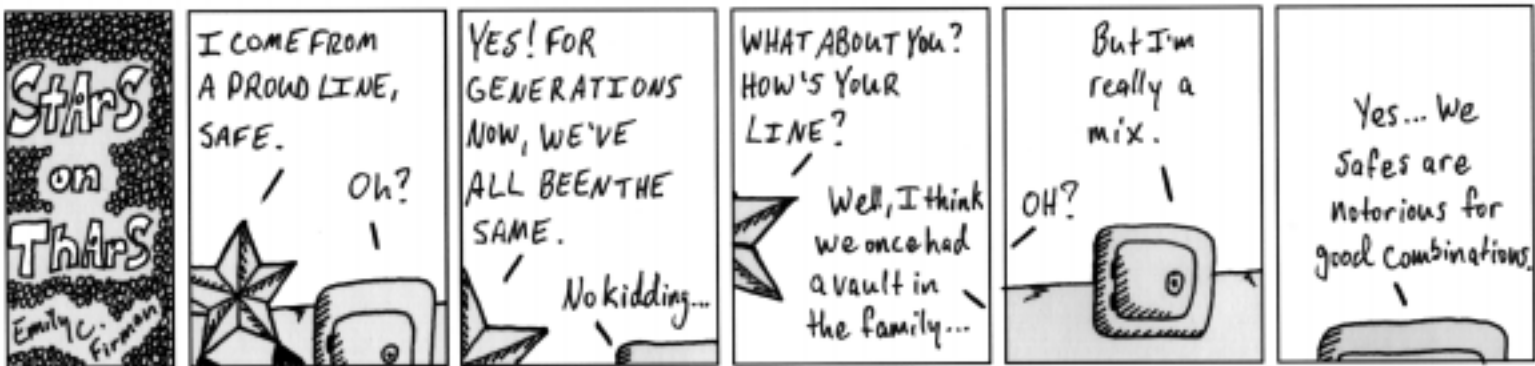
Action Line

643-3344
Action Line
77 ABW/CC
5241 Arnold Ave.
McClellan AFB, CA
95652-1086

77abw.actionline@mcclellan.af.mil

Base Phone Numbers

AAFES.....	920-0537
Civilian Pay.....	643-6727
Civil Engineering.....	643-5624
Civilian Personnel.....	643-5838
Commissary.....	643-4954
Base Police.....	643-6161
Dining Hall.....	643-5092
Family Support.....	643-1106
Focus Center #1.....	643-5661
Fraud, Waste & Abuse.....	643-6000
Housing.....	643-6221
Legal.....	643-3150
Lodging.....	643-6223
Medical Appointments.....	643-8400
After Hours.....	643-7212
TRICARE Service Center.(800) 242-6788	
Military Pay.....	643-6965
Military Personnel.....	643-1094
Public Affairs.....	643-6127
Retiree Activities.....	643-2207
Security Forces.....	643-6160
Services.....	643-6660
Military Equal Opportunity.....	643-3322
Base Fuel.....	643-5213
Uniform Questions.....	643-4051



Air Force Vision

"Air Force people building the world's most respected air and space force ... global power and reach for America"

Air Force Materiel Command Vision

"Quality Systems for America's Air Force"

Sacramento Air Logistics Center Vision

"Completing the mission of McClellan AFB with professionalism and honor"

SPACEMAKER

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SPACEMAKER

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<http://www.mcclellan.af.mil/PA/Spacemaker.html>

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POW/MIA

Sergeant pays tribute to past military heroes

By Staff Sgt. Carl Norman

Arnold Engineering Development
Center Public Affairs
Arnold Air Force Base, Tenn.

Daddy's home!

I hear those squeals from my three children at the end of every day when I enter my front door. And I can't begin to tell you how good I feel as they all crowd around me for hugs and share the things that make a 13-year-old, 11-year-old and a 5-year-old's day great.

Not only does it make me feel good, but it makes my children feel good, too - knowing I'll be there to applaud them when they've done something great and to encourage them to try harder when they didn't quite hit the mark.

But despite the joy in my house, this isn't the scene in some homes. Take, for instance, the John Feldhaus home in Lawrenceburg, Tenn. His wife and children haven't seen him for 33 years.

Thomas Anderson's family, in Spenard, Alaska, hasn't seen him in 37 years. And Roy Anthony's family in Memphis, Tenn., and Louis Zwilling's family in Richland, Ill., haven't seen these gentlemen for nearly half a century. Some of you may be thinking these men de-

liberately abandoned their families for self-indulging things, but I know nothing could be further from the truth.

All four of these men served in the U.S. Armed Forces and endured the bitterness of battle for their nation's cause. Feldhaus was a Navy lieutenant; Anderson, a Marine lance corporal; Anthony, an Air Force captain; and Zwilling, an Army specialist.

Although they come from different backgrounds, geographic locations and military services, they share a common bond - they, along with some 88,000 others, remain listed as missing in action from U.S. military conflicts.

Feldhaus and Anderson were lost in Southeast Asia in 1966 and 1962, respectively. Anthony and Zwilling were lost in Korea in 1952 and 1951, respectively.

As I sit here and reflect on the joy my children bring me, I'm saddened at the thought of all the families who suffer the wounds of battle. I'm sure the years have brought a degree of certainty as to what fate these loved ones suffered. But I don't believe that's stopped these four men's children from keeping an ever-so-small glimmer of hope alive for their fathers' safe return.

It's my prayer, as I hope it is yours that some day all these children, in some form or fashion, can say the words I get to hear every day - Daddy's home!

I believe they're hoping for a miracle - to see their fathers, some I'm sure for the very first time, come around the corner so they can hug them and tell them how much they love them and missed them through the years.

They'll want to tell about that eighth-grade play, the pass little Johnny intercepted and ran back for a touchdown on the ninth-grade football team and Suzie graduating as a member of the National Honor Society. They'd want to introduce them to their grandchildren.

But only time will tell if that miracle will ever come to pass. I truly hope it does, because these children have missed a lifetime of

hugs and encouraging words from their fathers. No child should be sentenced to that fate.

There's not much you or I can do to ease the pain and suffering these families go through every day.

We can be thankful for the teams who have canvassed the world and accounted for 529 remains from Vietnam since 1973. These teams also bring World War II remains from around the globe home every day so at least a few families can finally close this very painful chapter in their lives.

To date, more than 2,000 service men and women are listed as missing in action in Southeast Asia. And people may not realize this, but there are 8,200 Americans still missing from the Korean War and 78,000 missing from World War II.

We can't make up for these children's lost memories. But we can take a little more time to reflect on the sacrifices that are still being made and hope that someday all the unaccounted for will be returned.

It's my prayer, as I hope it is yours that some day all these children, in some form or fashion, can say the words I get to hear every day - Daddy's home!

Rideshare contract gone but program continues

Urban planners have projected large population increases in the coming years for the Sacramento area accompanied by smog and traffic congestion problems. Air pollution continues to be a concern for the area.

This summer had one "very unhealthy" day, seven "unhealthy days," and 26 "unhealthy for sensitive groups" days. Local environmental groups claim the plans to add more road projects violates the Clean Air Act and want transportation officials to shift more funding to transit, bicycle and pedestrian projects. How can we as individuals help cut down on congestion and air pollution?

For several years McClellan has employed a contractor to manage a full-time Rideshare office in support of federal clean air standards. McClellan employees have enjoyed several benefits and incentives from the program as well as assistance with forming carpools, obtaining passes and schedules for Sacramento's Regional Transit trains and buses, forming van pools, and finding alternatives to driving such as bicycles and walking.

Rebecca Garrison, the program manager, became a familiar face on base giving briefings and educating the base population on the Rideshare program at McClellan.

Due to the dwindling population on the base, the contract ends Sept. 30, and Rebecca and her staff will no longer be with us. The program will then revert to the government in a reduced form managed by the environmental man-



FYIG

From Your Inspector General

Col. Michael F. Turner
Inspector General

agement office.

EM will continue to assist military members and civilian employees with using Regional Transit, car pools, van pools, and bicycle entry points. The customer service hours will be reduced to 1-4 p.m. two days a week, Mondays and Thursdays.

AFMC just approved funding for issuing transit passes to military and federal employees on the base.

This means you can get a pass at no cost to you! This is an incentive to promote clean air standards by encouraging you to use public transit. Since the new passes are not yet available, the RT authority will allow McClellan employees to use the current RT passes with new stickers dated until the end of December. This allows time for new passes, year 2000, to be issued. EM plans to issue RT passes at McClellan until December 2000 as long as funding is available and RT provides support for issuing the passes on base.

EM will be open extra hours to issue new RT passes for calendar year 2000.

The special hours for customers will be 8 a.m. to 4 p.m., Monday through Thursday, during the

first two weeks of December. The Air Force has to purchase new cards before the base can issue them, so if there are any changes or delays, they will be publicized in the Spacemaker and on the Rideshare Web site.

Van Pool assistance and bicycle gate access will continue unchanged. EM personnel will also provide car pool matching. The benefits of carpooling will be to reduce the numbers of cars on the road and save fuel costs for individuals. With gasoline prices at all time highs during the past six months, car pools save more money than ever. Base personnel are encouraged to explore all of these alternatives to single driver transportation. The McClellan Rideshare Website will continue as a resource for employees seeking information on these activities. The Website will not be maintained at the same level as in the past but will continue as a good reference point, with links to the various programs in the Sacramento area.

The address is www.mcclellan.af.mil/rideshare (the site may be down for updating for a few days after the end of this month). Commuters can also receive valuable information by calling 1-800-Commute.

All of us can routinely find ways to fight air pollution by using carpools, van pools, public transit, bicycles, walking, or consolidating trips. If you have questions on the Rideshare program, you can call 643-0931, ext. 7 or contact the new program manager, John Carroz, SM-ALC/EMPW, at 643-0228, Ext. 356.

Servicemembers destined for East Timor

By **Jim Garamone**
American Forces Press Service

WASHINGTON (AFP) — “Hundreds” of U.S. service members will participate in any peacekeeping operation on East Timor, President Bill Clinton said Sept. 14 during a news conference in New Zealand.

The U.N. Security Council approved the U.N. International Force for East Timor in a unanimous vote Sept. 14. Clinton said he expects the first peacekeepers to be on the island “within days.”

He said U.S. involvement would be limited to airlift, communications

and control, intelligence and engineering.

“These are things that, because of the size of our military, we are uniquely positioned to do,” he said.

The Australians will lead the military mission and provide more than half the peacekeepers to what Clinton called “overwhelmingly an Asian force.” Canada, France, Singapore, Malaysia and Thailand have expressed interest in helping with the peacekeeping force for the embattled island.

Pentagon spokesman Navy Rear Adm. Craig Quigley said 15 Pacific Command planners are in Darwin, Australia, helping to set up the op-

eration and U.S. participation in it. DOD is airlifting 300,000 humanitarian daily rations to Darwin for U.N. distribution on East Timor, Quigley said. The food comes from Tracy Defense Depot, near San Francisco.

Quigley said U.S. forces would be on the ground in East Timor, but not performing “traditional” peacekeeping duties, reiterating Clinton’s statement.

“They’ll be undoubtedly assisting at whichever airports we end up with ... coordinating the resupply, the maintenance and what have you of any aircraft that would be used,” Quigley added. “But again, large numbers of rifle companies, infantry

companies, that you think of when you think of large numbers of peacekeeping forces — that is not under consideration.”

He said U.S. officials are addressing force protection concerns.

“We are going to provide very clear, unambiguous force protection for U.S. troops and U.S. facilities that are on the ground in East Timor,” he said. While the specific plans aren’t yet firm, “there will be no question that those forces will have a rock solid force protection in place,” he noted.

The Australians are planning a force of 4,500 to East Timor, Australian embassy officials here said.

F-22 avionics suite powers up for first time

By **Bobbie Mixon Jr.**
Aeronautical Systems Center
Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFP) — America’s F-22 Raptor air superiority fighter reached a much-anticipated milestone when Raptor 4004’s advanced avionics suite turned on for the first time Aug. 31.

The event signaled that the new fighter will soon be ready to prove its enhanced ability to detect and destroy enemies at long range.

Raptor 4004 is the first F-22 with the program’s Block 1.1 avionics installed. Engineers at Lockheed Martin Aeronautical Systems applied electrical power to the aircraft’s common integrated processors, or CIPs.

The F-22’s CIP serves as the brains of the aircraft’s totally integrated avionics system. When combined with stealth and supercruise, it will give the Air Force a “first-look, first-shot, first-kill” ability to see at long range without being seen and to kill without being killed. According to program managers, these capabilities are vital to continued U.S. air superiority in the next century.

“We’ve reached another critical

step to proving system maturity,” said Gerry Freisthler, deputy director for the F-22 program office here. “Avionics power-on means we’re a little bit closer to providing operational line pilots with the technology they need to dominate the skies in the 21st century.”

By integrating all radar, electronic warfare and identification sensor data — as well as data for communication, navigation, weapons and systems status into coherent, fused information accessible via multi-functional displays — the pilot is able to concentrate on flying the aircraft and winning the air battle, versus operating sensor systems.

“The Raptor’s advanced avionics system is state-of-the-art and will free the pilot from complex information handling and assimilation,” said Mike Harris, Boeing F-22 avionics program director.

Boeing, responsible for integrating the Raptor’s advanced avionics, completed more than 9,000 hours of testing in its avionics integration lab and more than 170 hours on its 757 flying test bed before delivery of Block 1.1 in late May.

So far, flight test work at the F-22’s Combined Test Force, Edwards Air Force Base, Calif., has focused on validating the aircraft’s airframe and

engine design. A third F-22, Raptor 4003, will continue that work when it’s delivered to Edwards early next year. Raptor 4004 will move avionics flight testing to its next phase when it’s delivered to Edwards in the fall of 2000. A follow-on version of the Raptor’s avionics, Block 1.2, will be delivered in January to support 4004 taxi and first-flight testing. Raptor 4004 is expected to fly next summer from Dobbins Air Reserve Base, Ga., and join the F-22 test fleet at Edwards.



U.S. Air Force photo

F-22 Raptor

Maxwell mom gets sentenced

MAXWELL AIR FORCE BASE, Ala. (AFP) — Senior Airman Stephanie Traum was sentenced to life in prison with eligibility for parole after 10 years.

The airman, found guilty Sept. 15 of smothering to death her 18-month-old daughter last December, will also be reprimanded, reduced in rank to the grade of E-1, must forfeit all pay and allowances, and will be dishonorably discharged from the Air Force.

Traum will receive credit for time already served — she has been in pre-trial confinement since Jan. 13; a total of 307 days.

She also will receive 204 credit days toward her sentence. These credit days were awarded by the presiding judge in June after pre-trial hearings.

Local security forces had classified Traum as a maximum security risk until the hearings; however, the defense argued — and the judge agreed — that that level of classification was unduly restrictive. Her classification level was later reduced to medium-security.

NEWSBRIEFS

ENTERTAINMENT BOOKS FOR SALE

Entertainment 2000 books now available. The Air Force Sergeants Association is now selling copies of the Entertainment 2000 Book for \$40.

Books may be purchased from retired Master Sgt. Rich Charles at 332-5877, retired Master Sgt. Nick Everett at 331-8570, or retired Chief Master Sgt. George Moses at 643-2207. The sale of the books is one of AFSA’s fundraisers and the proceeds are used to support the many enlisted programs on McClellan AFB such as Quarterly Awards, Outstanding Airmen of the Year, Family Support Activity, Airman Leadership School Graduations and many more.

TRUNK OR TREAT CONTEST

The annual Trunk or Treat contest sponsored

by the Community Support Center takes place Oct. 29. Each year the Community Support Center sponsors the Trunk or Treat event for all active duty military family members, children of military and all civilian personnel on base. Prizes are awarded for the best decorated float or vehicle. Last year’s event had nine entrants with more than 200 children participating in the fun and excitement of seeing and receiving all the treats in the various trunks. For more information, call the Community Support Center at 643-1106.

GOODWILL TO REMOVE TRAILERS

Goodwill Industries will be removing its donation collection trailers from the Commissary and Capehart housing by Oct. 7. The reason for the move is the lack of donations at the present time.

The donation trailers will return in May 2000.

Donations can be made to the following Goodwill locations:

■ 3641 Elkhorn Blvd, North Highlands. Hours of Operation: Monday – Saturday 9 a.m. to 7 p.m.; Sunday 10 a.m. to 5 p.m. This site accepts used furniture items.

■ Wal Mart Store donation trailer at Watt Avenue and Elverta Avenue in North Highlands. Hours of Operation: Monday – Sun 8:30 a.m. to 7 p.m.

Goodwill appreciates your donations. All funds raised from the resale of your used goods provide direct support to its vocational service programs for people with disabilities and other barriers to employment. Goodwill is a federally certified non-profit organization.

Employee clearance
procedures announced

Employees retiring on Sept. 29 will clear through Civilian Personnel between the hours of 7:30 a.m. and 2:30 p.m. in Bldg. 8, Room 102. Most items on the Clearance Form, SM-ALC 52, may be completed prior to the retirement date. Yellow secure area badges should be submitted to pass and registration between 6 a.m. and 6 p.m. in Bldg. 8.

Employees must insure all outstanding travel pay issues have been resolved and government credit cards turned in.

It is not necessary to clear through payroll. Completed clearance forms and the blue ID card will be submitted to civilian personnel. Employees clearing after 2:30 p.m. will clear in Bldg. 10, the benefits section.

Employees whose appointments expire on Sept. 29 will clear through civilian personnel in Bldg. 10 beginning at 7:30 a.m. Appointments are not required.

Sept. 30 employees being separated due to Reduction-in-Force on Sept. 30 will clear through civilian personnel beginning at 7 a.m. in Bldg. 8, Room 102. Payroll, pass and registration, and IEMO will be participating in this process. Each RIF separatee will be notified by letter.

Employees retiring due to RIF on Sept. 30 will clear through the civilian personnel benefits section in Bldg. 10 beginning at 7 a.m. Most items on the Clearance Form, SM-ALC 52, may be completed prior to the separation date. Yellow secure area badges should be submitted to pass and registration between 6 a.m. and 6 p.m. in Bldg. 8.

Employees must insure all outstanding travel pay issues have been resolved and government credit cards turned in. Completed clearance forms and the blue ID card will be submitted to civilian personnel.

(Information courtesy of civilian personnel office)

New clinic appointment
system announced

Starting Oct. 4, patients seeking appointments, authorizations for urgent care, or information on clinic hours will be able to dial one phone number: (916) 643-7212, 24 hours a day.

A new phone tree system will direct patients through six options, including repeat, so it is important to listen carefully. In the event of an emergency, patients are directed to hang up the phone and dial 911 or go to the nearest emergency room.

Patients then have a choice of pressing:

“1” For routine/future appointments; “2” For adult same day appointments; “3” For pediatric same day appointments; “4” For general clinic information; “5” For after hours assistance; and “6” For repeat.

Also beginning Oct. 4, patients will be directly connected to a triage nurse for after hours urgent care situations. The triage nurse will be able to schedule next day appointment, give referrals for urgent care, or connect the patient to the on-call provider.

The McClellan triage nurse/on-call provider service are only available to active duty patients and patients enrolled in TRICARE Prime with the

77th Medical Group requiring urgent care.

Patients enrolled in the David Grant Satellite clinic at McClellan should call 1-800-264-3462. Patients enrolled in TRICARE Prime to a civilian provider should not contact the McClellan provider on call, but should contact their own provider for referral and instructions. This number should be on the back of the patient’s TRICARE Prime card. Patients not enrolled in TRICARE Prime do not need authorization before going to an urgent care clinic, however the standard deductions and co-pays apply.

Patients seeking medical advice may utilize the Health Care Information Line at 1-800-611-2883 where they can speak to a registered nurse 24-hours a day or hear audio tapes on a wide range of health topics.

This service is open to all eligible military beneficiaries. Free copies of the Healthwise Handbook, a medical self-care guide, are available in the primary care clinic during business hours.

The Business Operations Flight at (916) 643-8055 is available for any questions. *(Information courtesy of 77th Medical Group.)*

HELPFUL PHONE NUMBERS				
	ACTIVE DUTY	TRICARE PRIME MCCLELLAN CLINIC	TRICARE PRIME CIVILIAN PROVIDER	TRICARE STANDARD/ TRICARE EXTRA
EMERGENCY	CALL 911 or GO TO NEAREST EMERGENCY ROOM	Call 911 or GO TO NEAREST EMERGENCY ROOM	Call 911 or GO TO NEAREST EMERGENCY ROOM	Call 911 or GO TO NEAREST EMERGENCY ROOM
URGENT	CALL (916) 643-7212 24 HOUR ACCESS	CALL (916) 643-7212 24 HOUR ACCESS	CONTACT YOUR PROVIDER	GO TO NEAREST URGENT CARE CLINIC
ROUTINE	APPOINTMENT DESK Call (916) 643-7212 Or Call Health Care Information Line 1-800-611-2883	APPOINTMENT DESK Call (916) 643-7212 Or Call Health Care Information Line 1-800-611-2883	CALL HEALTH CARE INFORMATION LINE 1-800-611-2883 24 HOURS A DAY	CALL HEALTH CARE INFORMATION LINE 1-800-611-2883 24 HOURS A DAY



U.S. Air Force photo by Robin Jackson

Thrift Shop
Opens

Mary Cummings, a volunteer at the McClellan Thrift Shop, makes change for one of the first customers on opening day, Sept. 15.

The McClellan Thrift Shop, operated and managed by the Air Force Sergeants Association Auxiliary, Chapter 1322A, opened its doors 9 a.m. Sept. 15 in Bldg. 1370 on the corner of Dudley Boulevard and Luce Avenue.

The thrift shop is open to those who have access to the base.

Hours of operation are Wednesday from 9 a.m. to 2 p.m. with the consignment desk closing at 1 p.m.; Thursday from 2 p.m. to 6 p.m. with the consignment desk closing at 5 p.m.

For more information, call the Thrift Shop at 922-0883.

HOUSING RESIDENT'S PREPARE FOR MOVE



The following guidelines apply for move-in/move-out refuse curbside pick-ups:

Acceptable Materials

- **Small furniture**
- **Appliances (stoves, washers, dryers,**

dishwashers)

- **Mattresses (crib or twin size)**
- **Toys**
- **Wood**
- **Other miscellaneous small unwanted items (very small**

items shall be contained in plastic bags or boxes)

Non-Acceptable Materials

- **Dirt**
- **Rocks**
- **Refrigerators**
- **Freezers**
- **Concrete**
- **Car Parts**
- **Tires**
- **Batteries**
- **Hazardous Materials (paint, motor oil, anti-freeze, solvents, etc ...)**

Move-in and move-out pick-ups are not automatic and need to be scheduled through the Housing office at 643-6221. *(Information submitted by Master Sgt. Suzanne Phillips, Chief Service Contracts)*

Closure

Corner

FACILITIES VACATE PROCESS INFORMATION:
Walk-through brief
First Tuesday every month,
2:30 p.m., Bldg. 200, Room 129,
FM Conference Room
Project officer
Jan Miller, CLC, 643-3286, Ext. 234
Sept. 29
Bldg. 241 A - Focus Center
Sept. 30
Bldg. 237 - Administrative
Bldg. 241 - Admin/Directorate Office
Bldg. 242 - W & S Mezzanine
Bldg. 243 B - Mezzanine Directorate
Bldg. 243 C - Mezzanine Admin

356
work days
left

FOCUS Center Jobs

This section contains some of the job announcements available at the McClellan FOCUS Centers. For additional information, contact one of the FOCUS Centers: #1, 643-5661 or #3, 643-6808. FOCUS #1 is open until 7 p.m. Thursdays.

Position: Office Automation Assistant (Medical Transcription) GS-0326-5/5

Annc#: 99-126MC

Close: Oct. 5

Location: Sacramento, CA

Agency: Veterans Health Admin.

POC: Barbara Nelson (925) 372-2120

Remarks: Copies of the vacancy announcement are available in the FOCUS Centers. Review the announcement and contact the agency for KSA'S and/or additional information.

Position: Maintenance Worker WG-4749-8/8

Annc#: DEA-222-99(B)5

Close: Sept. 30

Location: Oceanside, CA

Agency: Navy, U.S. Marine Corps

POC: Department Of The Navy (619) 615-5598

Remarks: Copies of the vacancy announcement are available in the FOCUS Centers. Review the announcement and contact the agency for KSA'S and/or additional information.

Position: Electrician WG-2805-8/10

Annc#: DEA-222-99 (B)2

Close: Sept. 30

Location: Oceanside, CA

Agency: Navy, U.S. Marine Corps

POC: Department Of The Navy (619) 615-5598

Remarks: Copies of the vacancy announcement are available in the FOCUS Centers. Review the announcement and contact the agency for KSA'S and/or additional information.

Position: Engineering Technician GS-0802

Annc#: CAO-99-14

Close: Oct. 1

Location: Sacramento, CA

Agency: HHS Indian Health Service

POC: Sara Cotterill (916)566-7001

Remarks: Copies of the vacancy announcement are available in the FOCUS Centers. Review the announcement and contact the agency for KSA'S and/or additional information.

Position: Secretary (Office Automation) GS-318-5/8

Annc#: 99-SCP-308

Close: Dec. 31

Location: FES Ames/ Moffett Field, CA

Agency: NASA, Ames Research Center

POC: Heman Resources Division (650)-604-8000

Remarks: Copies of the vacancy announcement are available in the FOCUS Centers. Review the announcement and contact the agency for KSA'S and/or additional information.

Position: Computer Specialist 334-07/09

Annc#: R5Np-074-99

Close: Oct. 1

Location: Redding

Agency: USDA Forest Service

POC: Personnel (530) 242-2271

Remarks: Copies of the vacancy announcement are available in the FOCUS Centers. Review the announcement and contact the agency for KSA'S and/or additional information.

NON-FEDERAL

Position: Building Maintenance Worker 11- Plumber

Close: Until Filled

Location: McClellan AFB, CA

Agency: Boeing Services Company

POC: Catherine Mulhall 286-5014

Remarks: Copies of the vacancy announcement are available in the FOCUS Centers. Review the announcement and contact the agency for KSA'S and/or additional information.

Position: Building Maintenance Worker 111 – Electrical

Close: Until Filled

Location: McClellan AFB, CA

Agency: Boeing Services Company

POC: Catherine Mulhall 286-5014

Remarks: Copies of the vacancy announcement are available in the FOCUS Centers. Review the announcement and contact the agency for KSA'S and/or additional information.

Position: Boiler Operations Mechanic 11

Close: Until Filled

Location: McClellan AFB, CA

Agency: Boeing Services Company

POC: Catherine Mulhall 286-5014

Remarks: Copies of the vacancy announcement are available in the FOCUS Centers. Review the announcement and contact the agency for KSA'S and/or additional information.

Position: Accountant 1/11

Salary: \$2, 526.00 - \$3,071.00 Monthly

Close: Continuous Filing

Location: Sacramento

Agency: Sacramento County

POC: 874-5593

Remarks: Copies of the vacancy announcement are available in the FOCUS Centers. Review the announcement and contact the agency for KSA'S and/or additional information.

Position: Accounting Assistant 11

Salary: \$2,197. - \$2,609. Monthly

Close: Oct. 1

Apprenticeship skills enhancement

Want a new career? Want to supplement your retirement income? The personnel FOCUS Centers are sponsoring an open house for apprenticeships and skills enhancement in the union construction trades: Sheet metal workers, electricians, iron workers, carpenters, plumbers and pipe fitters, floor layers, and others.

The session will be Tuesday from 9 a.m. to 1 p.m. in the Base Community Center, formerly the NCO Club. Don't miss this opportunity to visit representatives from various union construction trades and learn how to make these skills work for you, either full time or part time. Open to all McClellan employees, civilian and military. Administrative leave is not approved for this function.

Location: UC Davis Veterinary Medicine Department

Agency: UC Davis

POC: (530) 752-7140

Remarks: Copies of the vacancy announcement are available in the FOCUS Centers. Review the announcement and contact the agency for KSA'S and/or additional information.

Position: Administrative Specialist

Salary: \$2,625.- \$3,933. Monthly

Close: Sept. 29

Location: UC Davis

Agency: UC Davis

POC: (530) 752-7140

Remarks: Copies of the vacancy announcement are available in the FOCUS Centers. Review the announcement and contact the agency for KSA'S and/or additional information.



Movies

Movies start at 7 p.m. , unless otherwise noted, in Bldg. 1417. Movies are subject to change.

Mystery Men - Friday and Saturday
Starring: Ben Stiller, Hank Azaria and William H. Macy

Based on the Dark Horse comic, Mystery Men. Seven lame superhero wannabes, who are called upon to use their dubious “powers” to save a bustling metropolis when Champion City’s beloved real superhero-protector, Captain Amazing, is kidnapped. *(Rated PG-13 for comic action violence and crude humor).*

Iron Giant - Saturday and Sunday, 4p.m.
Starring: Jennifer Aniston and Christopher McDonald

“Iron Giant” is based upon the 1968 story, ‘Iron Man,’ by the British poet laureate Ted Hughes. The film is about a giant metal machine that drops from the sky and frightens a small town in Maine in 1958. *(Rated PG - for fantasy action and mild language.)*

Detroit Rock City - Sunday
Starring: Edward Furlong, Gene Simmons and Paul Stanley.

Set in 1978, Detroit Rock City follows four teenagers who embark on a wild adventure to attend a KISS concert. Driven by their unwavering passion to experience their favorite legendary rock group live, the teens will stop at nothing to scam their way into the sold-out show. *(Rated R - for strong language and drug use.)*

Youth Center

- **Today:** Open recreation, 2-7p.m.; open gym, 2-3 p.m. and 4:15-7 p.m.; snack bar, 2- 6 p.m.; advanced gymnastics, 3:15-4:15 p.m.; Moms, Pops, Tots play group, 10-11 a.m.; Tae Bo Aerobics, 7-8 p.m., 11 and older.
- **Friday:** Open recreation, gym, snack bar, 2-6 p.m.; Summer Bash activities, pony rides, clowns, jumpers, games, food for the whole family, 5-8 p.m.
- **Saturday:** Open recreation, snack bar and gym, noon - 5 p.m.; Pre-teen lock in, ages 9-12. from 10 p.m. to 7 a.m., members only, \$5.
- **Sunday:** Closed
- **Monday:** Open gym and recreation, 2-7 p.m.; snack bar, 2-6 p.m.
- **Tuesday:** Open recreation, 2-7 p.m.; open gym, 4:15 - 7 p.m.; snack bar, 2 - 6 p.m.; beginning gymnastics, 3:15-4:15 p.m.
- **Wednesday:** Open recreation, open gym, 2-7 p.m.; open snack bar, 2- 6p.m.

Family talent contest

If you have a talented family then sign up at the Community Center by Friday for a ‘Family Talent Contest’. The contest will be in October at the Community Center. For more information, call Kay Esposito at 643-5977.

Why some stress is good for you

Many people think of stress as another way of saying tension or pressure. Actually, stress is just the way we respond to changes. Understanding stress and its effects can help you use it to your own advantage, and turn potential “stressors” into positive challenges.

Mechanics of stress

Stress is defined as a response by your body to any demand made upon it. Your body responds to stress in many ways. Hormones, like adrenalin, surge. Your heartbeat and blood pressure increase. Your blood sugar rises.

These effects, unchanged for thousands of years, helped prehistoric humans survive by helping them run away faster or fight harder, which is why we often call our body’s reaction to stress the “fight or flight” response.



Head check

For your mind, body and soul

Capt. Frank D. Weber
Chief, Mental Health Element

Positive and negative stress

Most people think of stressors, or things that cause stress, as negative, such as traffic, a difficult job, or divorce. Many people are aware of tense muscles, headaches or stomachaches during, before or after such situations.

But stressors can also be positive experiences. Having a baby, bowling a perfect 300 game, or completing a satisfying project are all changes that can activate your stress response.

Effects of stress

Your body can’t tell the difference between a positive and negative

stressor. In either case, your body experiences the same stress effects. If you are not able to let off some steam and relax; these effects can be harmful. You may feel anxious, tired or depressed. You may experience physical symptoms such as a clenched jaw or backache. During periods of stress,

take care of yourself by getting plenty of rest, eating healthily, exercising, and relaxing without alcohol or drugs. Help your body recover from all stress, even when you feel satisfied or excited, to protect your health.

Use stress to your advantage

Stress is like body temperature: if it’s too low or too high, you can’t survive, but the right balance can keep you going strong. It makes sense to use stress energy positively, to meet life’s challenges, experiences, and goals. Stress is not all bad. In fact, positive stress can make life both rich and satisfying.

Guidelines for unattended children; baby-sitting

By Col. Charles A.Cotter, Jr.
77th Air Base Wing commander

Because of the repeated inquiries for guidance and a few incidents where problems have risen, the information below reflects the unattended children and baby-sitting guidelines for McClellan Air Force Base. The goal of these guidelines is to promote a healthy and safe environment for military personnel and their families living in base housing and the surrounding community.

Our office recognizes that children differ in levels of maturity even within their own age group. Therefore, these guidelines were developed to provide a standard in which parents can base their decision about leaving children alone or with sitters.

Another important interest we have is ensuring our base homes are being maintained at the level of cleanliness set in the Base Housing Guidelines. If there are any concerns regarding a dirty/unsanitary/unsafe home in McClellan housing areas or any off-base residence, you should contact the Family Advocacy Office at 643-1518.

Inadequate supervision of children and unsanitary living conditions may constitute child neglect, and such allegations must be referred to the Family Advocacy Office for further investigation. These guidelines are not intended to be punitive, but rather to assure quality, safe surroundings for our children, as well as preventing potentially hazardous situations from occurring. Your adherence to these guidelines is appreciated. For more information, call the Family Advocacy Program at 643-1518.

HOME ALONE*	
If the child is in the following age group:	Then he/she:
0-9 years	Must not be left unsupervised for any length of time.
10-11 years	May be left alone for short periods not to exceed 8 hours. There must be no emotional or medical problems with the child. An adult supervisor must be on call.
12-14 years	May be left alone overnight with access to an adult supervisor, not to exceed 24 hours. There must be no emotional or medical problems with the child.
15 -17 years	May be left alone overnight, but not to exceed five consecutive days. There must be no emotional or medical problems with the child. A power of attorney for child(ren)’s care is required. Parent and/or Attorney-in-fact is responsible for periodic checks.
*Note: In all cases, the children must have an emergency telephone number, telephone numbers for their parents, and a telephone number for a designated responsible adult able to arrive at the home within five minutes.	
BABY SITTING**	
If the child is in the following age group:	Then he/she:
10-11 years	After completing the Red Cross baby sitter safety course, may baby-sit any children at least 4 years old, no more than 3 at a time, and not to exceed 4 hours at a time. If the safety course has not been completed, may baby-sit siblings only, at least 4 years old, no more than 2 at a time, and not to exceed 4 hours at a time. An adult supervisor must be on call at all times.
12-14 years	May baby-sit for infants and children, not to exceed 10 hours at a time nor to be overnight stays. No more than 3 children at one time. An adult supervisor must be on call at all times.
15 -17 years	May baby-sit for infants and children, not to exceed 5 consecutive days at a time. No more than 3 children at one time with an adult supervisor making periodic checks.
**Note: In all cases, the baby-sitter must have an emergency telephone number, telephone numbers for the child(ren)’s parents, and a telephone number for a designated responsible adult able to arrive at the home within five minutes. Additionally, there must be no emotional or medical problems with any of the children or the babysitter. The American Red Cross Baby-Sitting Safety Course is highly recommended for everyone. Please call the Youth Center at 643-3946 for more information.	

Dental care:

What retirees get and don't get from TRICARE

By Douglas J. Gillert
American Forces Press Service

WASHINGTON (AFPN) — More than 470,000 military retirees and eligible family members have enrolled in the TRICARE Retiree Dental Program since its inception in 1998. Many of those enrolled, however — and many who are undecided about enrolling — don't fully understand how the plan works, program administrators said.

The most common misconception is that the retiree plan is the same as the plan for active duty families, according to Dr. Lowell Daun, senior vice president and general manager of the Federal Services Division Delta Dental Plan of California, the private contractor the Department of Defense selected to run the plan. In fact, he said, the program is not like either typical employer-funded programs or the TRICARE Active Duty Family Members Dental Program.

What the plan offers is affordable diagnostic, preventive and basic restorative services and the freedom to choose your own dentist, Daun said.

"It's important to understand, however, that other services are only partly covered and a few are not covered at all," Daun said. Crowns and bridges, for example, aren't covered benefits.

Delta doesn't cover crowns and bridges because to do so would violate DOD regulations aimed at limiting the program's cost, Daun said. The retiree dental plan was created with the idea of keeping costs for retirees and their family members to a minimum, without the government subsidizing the program. DOD called for a basic, economical program to defray some of the cost of dental care, while promoting early diagnosis and prevention of dental disease.

"Bridges, cast crowns and dentures were specifically excluded, while excellent coverage for basic diagnostic and restorative procedures, emergency care, oral surgery and periodontal

services was included," Daun said.

Enrollees may use any licensed dentist they choose for care under this program. However, Delta has an agreement with 24,000 "DeltaSelect USA" dentists to serve this program, and enrollees may save money by using a network provider.

Enrollment averages about \$13 a month per person, with the first four months' premiums due when you sign up. The Defense Finance and Accounting Office automatically withdraws the premiums from military retired pay. What some enrollees may not understand, however, is that they incur a two-year commitment to the plan when they sign up. DOD included the minimum enrollment requirement to make sure members reach what Daun called "dental maintenance."

"This term refers to improving the status of a dental plan member's oral health to the point where regular cleanings and exams will effectively maintain healthy teeth and the supporting gum tissue," Daun said. "Experience shows that a mandatory (minimum) enrollment period is necessary to ensure that those with overwhelming dental needs won't leave the program once their most immediate (and expensive) needs are met. A voluntary dental program is simply not financially sustainable under such conditions."

Daun said the TRICARE Retiree Dental Program is more competitive than other plans available through private insurers.

"The power of the uniformed services retiree population as a group enables Delta to offer a program that complies with federal regulations, increases the affordability of dental care and motivates retirees to seek care before expensive and painful dental problems occur," he said.

Delta provides answers to the most frequently asked questions at its Web site, <http://www.ddpdelta.org> and through its customer service office at (888) 336-3260. You also can enroll online. In addition, Delta sends detailed information packets to new enrollees.

NationsBank changes to Bank of America

NationsBank began sending out statement inserts in the August billing cycle reminding cardholders of their "official" name change to Bank of America. This was a mass-mailing effort. The mailer includes a zero balance/zero payment due statement for those cardholders with no payment due/no charges for the current month.

The mailer reads as follows:

Effective March 31, 1999, NationsBank of Delaware, N.A. and Bank of America, N.A. merged. Our new name is Bank of America, N.A. (USA).

Effective Thursday, the agreement between you and Bank of America, N.A. (USA) regarding the government card account is amended.

The section entitled "Governing Law" is amended by replacing the word "Delaware" with the word "Arizona." As required by the agreement, the general service administration and your agency have consented to this change.

If you do not agree to this change in governing law you must, by the effective date, notify us and cut your card in half and return the pieces to: Bank of America Government Card Services, P.O. Box 1637, Norfolk, VA 23501. If you choose not to agree to this change, your Government Card Account will be cancelled, but you will still be responsible for paying any remaining balance in accordance with the terms of the Agreement.

For more information, contact the Government Card Services at 1-800-672-9851 or locally call Deana Ascosta at 643-4141. (*Information was submitted by Kathern Gaskins, Comptroller.*)

AFMS SERVICES
Combat Support & Community Service

8th Annual

SUMMIT



A DOG-GONE GOOD

■ Summer Bash at the Youth Center and Dorm Bash at the football field behind the Base Shoppette on Friday at 5 p.m.

■ There will be free food, thanks to the Chiefs' Group.

■ At the Dorm Bash there will be many activities including the Jousting Ring, knock your opponent off the platform like the Gladi-

ators, Climb the Rock Wall, Sumo Wrestling and more.

■ Also, pick up your scratch and win cards from the Services booth and you could win many prizes.

■ At 6 p.m. the Battle of the Bands will begin.

■ We are still looking for more talent at McClellan, so if anyone is interested call the Market-

ing office, or call 643-4822.

■ The Summer Bash at the Youth Center will run from 5 - 8 p.m. with free food, pony rides, Memo the Clown, Jumpers, Air Hockey and many more.

■ We do need volunteers for this day so if anyone would like to help or if anyone has questions, please call 643-4822.